

WTB-NCR

WARRIOR TRANSITION BRIGADE - NATIONAL CAPITAL REGION

HEAL



EDUCATE



TRANSITION



A SACRED TRUST

The care of our wounded, injured is a sacred trust. The Warrior Transition Brigade-National Capital Region is committed to supporting wounded, ill and injured Soldiers achieve success in all areas of their lives. With each goal they achieve, Soldiers gain a step forward in their recovery and a successful transition.

The top priority is the welfare of Soldiers: commitment to the best care, support and treatment of wounded, ill and injured Soldiers, and commitment to education and training to facilitate a successful transition from the military.



“Just as you never stopped fighting to recover, we’re never going to stop fighting either—to give you the care and benefits and treatments that you need. And the education and jobs and opportunities that you deserve so you can share in the American dream you helped defend.”— President Barack Obama ”

WHO WE ARE

The Warrior Transition Brigade-National Capital Region (WTB-NCR) began at the former Walter Reed Army Medical Center, Washington, D.C. in 2007 to better facilitate medical and support services, while maintaining the standards of the United States Army.

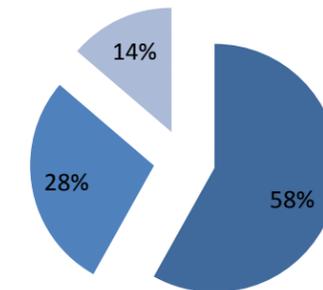
The brigade provides administrative support and case management for Soldiers enabling them to focus on their recovery and return to duty or transition to civilian life.

The WTB-NCR has units in Bethesda, Maryland; Fort Meade, Maryland; and Fort Belvoir, Virginia; with more than 600 Soldiers currently assigned to the brigade.

The mission of the WTB-NCR Brigade is to HEAL...EDUCATE...TRANSITION

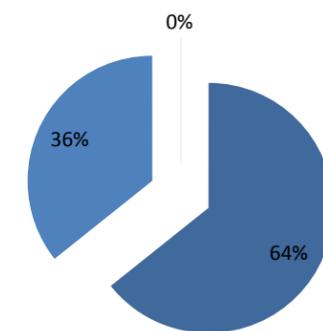


WTB-NCR UNITS/STAFF



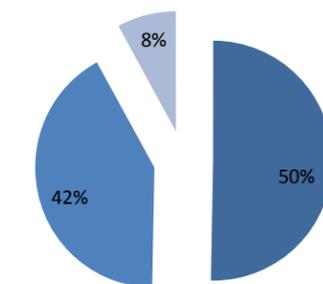
BETHESDA

- > 93 Military
- > 45 Civilian
- > 22 Contractor



MEADE

- > 9 Military
- > 5 Civilian
- > 0 Contractor



BELVOIR

- > 88 Military
- > 73 Civilian
- > 14 Contractor

WHAT WE DO

> HEAL



We provide the opportunity to heal with world-class medical care.

Soldiers assigned to the WTB-NCR receive care at two of the nation's newest and most comprehensive Department of Defense healthcare facilities. Fort Belvoir Community Hospital, which opened in 2011, is northern Virginia's home for world-class military health care. The hospital features single patient rooms, an Intensive Care Unit and state-of-the-art operating rooms, cancer care center, a center for the treatment of musculoskeletal disorders, and a full range of primary care, medical and surgical subspecialties.

Walter Reed National Military Medical Center, the flagship of military medicine, also supports the medical needs of the Warrior Transition Brigade. Located in Bethesda, Maryland, Walter Reed-Bethesda, which also opened in 2011, provides a wide range of inpatient and outpatient services, including telemetry, pulmonary medicine, cardiology, sleep labs, behavioral health, oncology, physical and occupational therapy, neurology and advanced prosthetics.

The National Intrepid Center of Excellence (NICoE), a Department of Defense medical facility near Walter Reed National Military Medical Center and Fort Belvoir Community Hospital, advances the clinical care, research and education of service members with traumatic brain injuries and psychological health conditions, such as post-traumatic stress. The NiCoE provides diagnostic evaluations and treatment of complex traumatic brain injuries and psychological health conditions to promote healing.

In addition, Warrior Clinics, medical clinics exclusively for Warrior Transition Brigade

Soldiers at Fort Belvoir Community Hospital and Walter Reed National Military Medical Center, facilitate the physical, spiritual and mental healing of Soldiers and their Families through the use of an integrated primary care team focusing on patient advocacy and synchronization of clinical care.

Warrior Transition Brigade Soldiers are supported in their recovery through adaptive reconditioning, which includes any physical activities that wounded, ill and injured Soldiers participate in regularly to support their physical and emotional well-being. Medical professionals work to include adaptive reconditioning in each Soldier's recovery plan as appropriate.



Adaptive reconditioning includes many of the activities highlighted in the Warrior Games, a unique partnership with the Department of Defense and the U.S. Olympic Committee Paralympic Military Program. The games bring wounded, ill and injured athletes and veterans from all military services together for friendly and intense competition in seven sports:

- archery
- cycling
- shooting
- sitting-volleyball
- swimming
- track and field
- wheelchair basketball

However, adaptive reconditioning is not just athletics. It includes many other activities that allow Soldiers to learn different skills and relax.

The Warrior Transition Brigade is supported by hundreds of staff, volunteers and organizations, who provide both recreational and therapeutic activities to help Soldiers during and after recovery.



“ Army Spc. Chasity Kuczer became the first female ever to win the Archery Gold Medal and wishes more Soldiers would take advantage of adaptive sports. ”

“Education is an ornament in prosperity and a refuge in adversity.” - Aristotle ”

> EDUCATE

Despite injury and illness, many of our Soldiers have one goal in mind—to remain a Soldier in the U.S. Army and nearly 44 percent of the WTB-NCR’s Soldiers return to duty.

Soldiers who have decided to continue their service have three options:

- Return to Duty allows Soldiers to remain in their current military job and receive additional Army training in basic Soldier skills and physical fitness.
- Return to Duty with in a different career field enables Soldiers to reclassify in a new career that better accommodates their physical abilities after injury or illness. While assigned to the WTB-NCR they can enhance their education and complete training toward career advancement.
- Continuation on Active Duty/Continuation on Active Reserve offers Soldier found unfit for duty by a Physical Evaluation Board an opportunity to remain on duty if their disability is the result of combat or terrorism; they have at least 15 to 20 years of service; and have a critical skill.

While continuing their medical treatment, many Soldiers see education as an important part of their road to recovery with lasting benefits both in and out of uniform.

To prepare Soldiers to return to duty or to transition out of the Army, the WTB-NCR offers services through Career and Education Readiness activities. Soldiers can participate in a wide range of activities such as internships, vocational training, professional certifications and continuing education.

Federal programs also provide a wide variety of resources to make higher education attainable while receiving medical treatment.

Some of the most common educational resources include:

- Army Continuing Education System Education Center
- Reserve Educational Assistance Program
- Entrepreneurship Boot Camp for Veterans with Disabilities
- Veterans Affairs Education Resources, including the GI Bill and Vocational Rehabilitation and Employment Program



“ *Change is the law of life. And those who look only to the past or present are certain to miss the future.*” – John F. Kennedy ”

>TRANSITION

Nearly 60 percent of all Warrior Transition Brigade Soldiers retire or separate from the Army. Their service and sacrifice speaks to the character and courage of those who wear the uniform of the U.S. Soldier. They deserve the best possible start as civilians and the brigade staff works closely with each Soldier and Family member to support a successful transition.

The brigade’s close proximity to the nation’s capital provides Soldiers a wide range of education and career exploration opportunities. The Central Intelligence Agency, Federal Bureau of Investigation, Department of Homeland Security and the Department of Veteran’s Affairs provide internships for our Soldiers.

One program, the Warrior Training Advancement Course, addresses the need for trained disability compensation claims processors while giving new veterans an opportunity to continue their service as federal civilians. Since the program’s start in 2014, 16 WTB-NCR Soldiers have graduated from the program with some already working as disability compensation claims processors. Others continue to work as interns until they transition from the Army.

Transition takes preparation and the brigade provides transition coordinators to actively support Soldiers with their career and education goals and provide career counseling. They also connect Soldiers to federal resources, such as the Post 9/11 GI Bill, on-site work placement, and the Army Career and Alumni Program.

Soldiers, working with their transition support team, are also encouraged to create a Comprehensive Transition Plan with personalized goals in six areas: career, physical, emotional, spiritual, social, and family. Using a standardized framework, the Comprehensive Transition Plan allows Soldiers to customize their recovery plan enabling them to set and reach their personal goals.



“ *I still have people around me who love me. I still got the chance at living a wonderful life. I still got a chance at helping other people.*” – Master Sgt. Cedric King, who lost both legs while serving in Afghanistan in 2012 ”

“I am not a product of my circumstances. I am a product of my decisions.” - Stephen Covey, Author ”

TRIAD OF CARE

Mission success starts with the Soldier supported by a professional, highly-trained staff.

Every Warrior Transition Brigade Soldier is assigned a squad leader, a nurse case manager and a primary care manager. This team, or triad of care, sole purpose is to help each Soldier navigate an often complex and multilayered medical system so the Soldier can focus on recovery and transition.

Squad leaders are the first of the three-person team Soldiers meet when they are assigned to the Warrior Transition Brigade. This non-commissioned officer manages all non-medical needs. They take care of everything that doesn't involve medical care like administrative paperwork, transportation or pay.

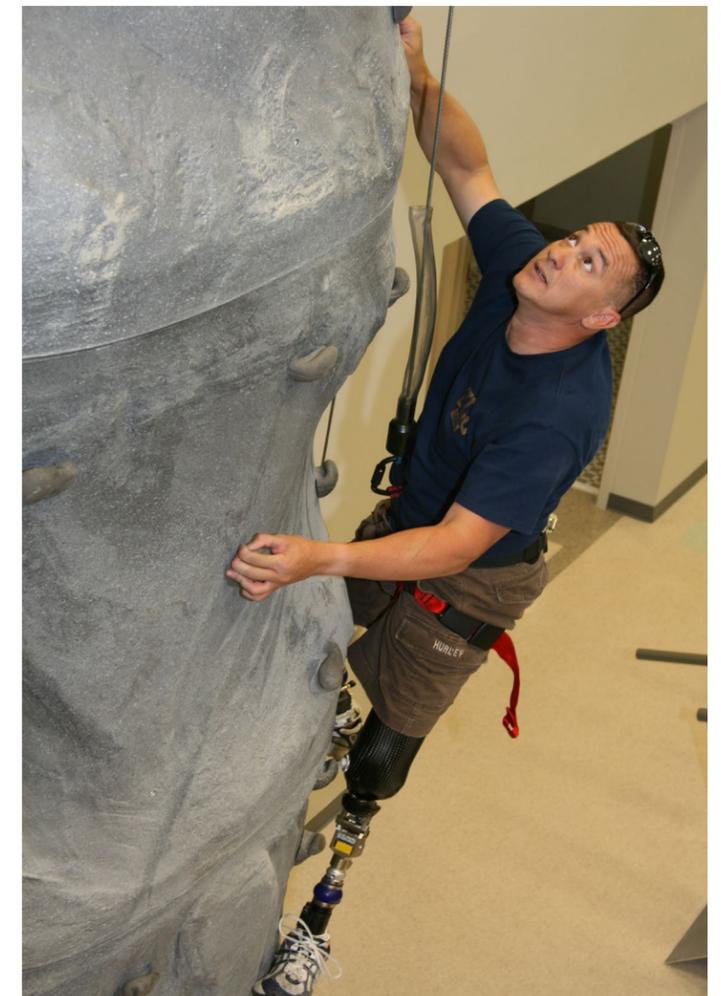
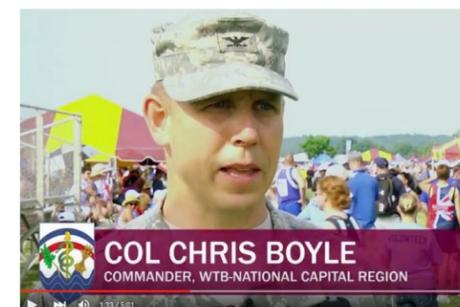
Nurse case managers are the vital link between the Soldier and all medical care. They organize appointments, address concerns with treatment or medications, and assist Soldiers in developing a transition plan. Nurse case managers also work closely with squad leaders to address any non-medical concerns that may have an impact on a Soldier's recovery.

Primary care managers serve as an advocate for Soldiers, their Families and caregivers. The primary care manager provides clinical ownership, accountability and continuity of care.

Military cadre members, both officers and non-commissioned officers, are carefully selected for assignment to the brigade. Once selected, cadre attend the Army Warrior Transition Unit Cadre Course in San Antonio, Texas, to prepare them to make a positive impact on the lives of the Soldier they will support. The Warrior Transition Brigade also created a local development program to better familiarize new brigade cadre with the roles and responsibilities of key members of the warrior care support team such as social

workers, transition coordinators, occupational therapists and nurse case managers. The goal of the training is to provide staff with the 'head and heart' for the mission of taking care of wounded, ill and injured Soldiers.

The Triad of Care is supported by an interdisciplinary team of health care and transition specialists who coordinate the care and transition of each Soldier. This team includes social workers, therapists, financial and benefits specialists, Army Wounded Warrior Program Advocates, and many others.



A FAMILY AFFAIR

When a Soldier becomes wounded, ill or injured it impacts the entire family. The family is an important part of a Soldier's recovery and to better ensure the needs of our Families are being addressed, the Warrior Transition Brigade-National Capital Region involves Families in every phase of recovery, rehabilitation and transition. Family and other caregivers are also able to support their Soldier by becoming non-medical attendants. The program is designed for seriously wounded, ill and injured Soldiers who can or will benefit from the daily presence and assistance of Family and friends.

Non-medical attendants are placed on official military orders to provide additional daily support while the Soldier recovers. The support could include driving their Soldier to appointments, providing a safe home environment, assisting with shopping, or assisting with medical and administrative needs. Of course, they don't have to do it alone, as the Triad of Care, led by the Soldier's squad leader, is always available for support.

“*Every day we must keep foremost in our minds our Soldiers, Civilians, and their Families. Our collective strength depends on our people - their mental and physical resilience is at our core. We must always treat each other with respect and lead with integrity. Our Soldiers are the crown jewels of the Nation; we must love them, protect them, and always keep faith with them.*”

- Gen. Mark Milley, 39th Chief of Staff of the Army

